

I Can't	Step 1	We admitted we were powerless over our addictions – our lives had become unmanageable.	<i>Romans 7:18 I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good but I cannot carry it out</i>	Trust God (steps 1-3)	Peace with God	Submission
God Can	Step 2	We came to believe that a power greater than ourselves could restore us to sanity.	<i>Mark 10:26-27 ...who then can be saved? Jesus looked at them and said, "With man this is impossible, but not with God; all things are possible with God."</i>			Conversion
Let Him	Step 3	We made a decision to turn our lives and our wills over to the care of God.	<i>Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.</i>			Conversion
Look Within	Step 4	We made a searching and fearless moral inventory of ourselves.	<i>Lamentations 3:40 Let us examine our ways and test them, and let us return to the LORD.</i>	Clean House (steps 4-10)	Peace with ourselves	Confession
Admit Wrongs	Step 5	We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.	<i>1 John 1:9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness</i>			Confession
Ready Self for Change	Step 6	We were entirely ready to have God remove all these defects of character.	<i>Psalms 139:23-24 Search me, O God, and know my heart;test me and know my anxious thoughts..... lead me in the way everlasting.</i>			Repentance
Seek God's Help	Step 7	We humbly asked Him to remove all our shortcomings.	<i>James 4:10 Humble yourselves before the Lord, and he will lift you up.</i>			Change/ Repentance
Become Willing	Step 8	We made a list of all persons we had harmed and became willing to make amends to them all.	<i>Matthew 7:3-5 "Why do you look at the speck of sawdust in your brother's eye.... first take the plank out of your own eye....."</i>		Peace with others	Amends
Make Amends	Step 9	We made direct amends to such people whenever possible, except when to do so would injure them or others.	<i>Matthew 5:23-24 Therefore, if... your brother has something against you,... go and be reconciled to your brother...</i>			Amends
Daily Inventory	Step 10	We continued to take personal inventory and when we were wrong, promptly admitted it.	<i>Romans 13:8-9 Let no debt remain outstanding, except the continuing debt to love one another, The commandments.. "Love your neighbour as yourself."</i>			Maintenance
Pray & Meditate	Step 11	We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.	<i>Philippians 1:9-10and this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless until the day of Christ.</i>	Help Others (steps 11-12)	Keeping the peace	Prayer
Give It Away	Step 12	Having had a spiritual experience as the result of these steps, we try to carry this message to others and to practice these principles in all our affairs.	<i>Galatians 6:9-10 Let us not become weary in doing good, for at the proper time we will reap harvest ...Therefore, as we have opportunity, let us do good to all people, especially ... to the family of believers.</i>			Ministry