

WHO WILL BENEFIT FROM OO?

Men and women who have suffered either directly or indirectly by the abuse of any mood-altering chemical or compulsive behaviour.

Christians are not immune from addictions.

God does not want us to struggle alone.

OO is now available in Sydney to support those suffering from addictions.

No temptation has seized you except what is common to man. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can stand up under it. 1 Cor 10:13

Overcomers Outreach meetings do not attempt to replace other 12 Step meetings, such as Alcoholics Anonymous, Narcotics Anonymous, and Gamblers Anonymous etc. for those in recovery.

It is a two way bridge. Our aim is:

- to focus on the healing power from God available to all in recovery
- to help those in recovery identify Jesus Christ as their personal Saviour
- and to facilitate the opportunity within the Church to carry the message of recovery through the 12 steps to others.

WHAT IS OO?

Overcomers Outreach is a 12 step Bible based recovery program.

The groups speak freely about our higher power; Jesus Christ. Honest sharing in an anonymous environment is honoured and encouraged. The meetings are wrapped up with prayer.

Overcomers Outreach meetings are solution focused. Members share their own experience, strength and hope in relation to how they have each overcome their addictions through Christ.

Fellowship in recovery

Reconciliation to God and His family

Education about chemicals and addiction

Edification through faith in Christ

Dedicated service to others

"In this world you will have trouble.

But take heart!

I have OVERCOME the world!"

John 16:33

For further information visit our Australian website at

www.overcomersoutreach.net



PROVIDES A TWO WAY BRIDGE

**Between 12 Step support groups
and people within Churches
of all denominations.**

The Sydney City Meeting

is held at

St Andrew's Cathedral

Cnr George and Bathurst St. Sydney

Meeting entrance is in Bathurst St.

First Wednesday of every month

From 7:30pm to 9pm

Ctc: Penny Wilkinson on 0417 663 539 or

penny.w@overcomersoutreach.net



THE TWELVE STEPS AND

Step 1 – I Can't

We admitted we were powerless over our addictions, our lives had become unmanageable.

Romans 7:18 I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.

Step 2 – God Can

We came to believe that a power greater than ourselves could restore us to sanity.

Mark 10:26-27...who then can be saved? Jesus looked at them and said, "With man this is impossible, but not with God; all things are possible with God."

Step 3 – Let Him

We made a decision to turn our lives and our wills over to the care of God.

Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.

Step 4 – Look Within

We made a searching and fearless moral inventory of ourselves.

Lamentations 3:40 Let us examine our ways and test them, and let us return to the LORD.

Step 5 – Admit Wrongs

We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

1 John 1:9 If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.

RELATED SCRIPTURES OF

Step 6 – Ready self for Change

We were entirely ready to have God remove all these defects of character.

Psalm 139:23-24 Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

Step 7 – Seek God's Help

We humbly asked Him to remove our shortcomings.

James 4:10 Humble yourselves before the Lord, and He will lift you up.

Step 8 – Become Willing

We made a list of all the persons we had harmed and became willing to make amends to them all.

Matthew 7:3-5 'Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?... first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye. '

Step 9 – Make Amends

We made direct amends to such people whenever possible, except when to do so would injure them or others.

Matthew 5:23-24 Therefore, if... your brother has something against you,... go and be reconciled to your brother.

OVERCOMERS OUTREACH

Step 10 – Daily Inventory

We continued to take personal inventory and when we were wrong, promptly admitted it.

Romans 13:8-9 Let no debt remain outstanding, except the continuing debt to love one another, for he who loves his fellowman has fulfilled the law. The commandments... are summed up in this one rule: "Love your neighbour as yourself."

Step 11 – Pray & Meditate

We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.

Philippians 1:9-10 ... and this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless until the day of Christ.

Step 12 – Give It Away

Having had a spiritual awakening as the result of these steps, we try to carry this message to others and to practice these principles in all our affairs.

Galatians 6:9-10 Let us not become weary in doing good, for at the proper time we will reap harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

**"I can do all things through
Christ who gives me strength"**

Philippians 4:13